

**WAIPAHU INTER. SCHOOL**

**BREAKFAST & LUNCH MENU**

**JANUARY 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>1</b></p> <p align="center"><b>NEW YEAR'S DAY</b></p>	<p align="center"><b>2</b></p> <p align="center"><b>WINTER BREAK</b></p>	<p align="center"><b>3</b></p> <p align="center"><b>WINTER BREAK</b></p>	<p align="center"><b>4</b></p> <p align="center"><b>WINTER BREAK</b></p>	<p align="center"><b>5</b></p> <p align="center"><b>TEACHER WORK DAY</b></p>
<p><b>8</b></p> <p>B: Cinn. Raisin Bagel/ Bagel Pine Chunks, Grape juice</p> <p>Lunch: <b>Teri Cheeseburger House Salad, Baby Carrots, Baked Beans, Fruit Juice</b></p>	<p><b>9</b></p> <p>B: Breakfast Quesadilla, Seasonal Fruit, Apple juice</p> <p>Lunch: <b>Popcorn Chicken &amp; Mash bowl Pan Roasted Veg., Apple Wedge, WG Fruit Muffin</b></p>	<p><b>10</b></p> <p>B: Greek Yogurt &amp; WG Cinn Toast Orange Juice, &amp; Papaya/ Pine Chunks</p> <p>Lunch: <b>Turkey Pastrami on WG Bun House Salad, Mixed Fruit</b></p>	<p><b>11</b></p> <p>B: Breakfast Smoothie &amp; Cinn Toast Mixed Fruit, Cranberries</p> <p>Lunch: <b>Beef &amp; Bean Burrito w/ Curly Fries Lettuce, Tomato, Seasonal Fruit</b></p>	<p><b>12</b></p> <p>B: Baked Ham &amp; Biscuit Peaches, &amp; Apple Juice</p> <p>Lunch: <b>Kalua Pork w/ Cabbage, Rice, Lomi Tomato, Pine Chunks</b></p>
<p><b>15</b></p> <p align="center"><b>Dr. Martin Luther King Jr. Day</b></p>	<p><b>16</b></p> <p>B: Breakfast Burrito, Hawaiian Salsa Pine Chunks, Grape Juice</p> <p>Lunch: <b>Chili Cheese Tots &amp; WG Biscuit House Salad, Apple Wedge</b></p>	<p><b>17</b></p> <p>B: Belgian Waffle w/ syrup, Mixed Fruit, Orange Juice</p> <p>Lunch: <b>BBQ Pork Sandwich w/ Slaw House Salad, Fruit Slushy</b></p>	<p><b>18</b></p> <p>B: WG Cinnamon French Toast Seasonal fruit, Grape Juice</p> <p>Lunch: <b>Vegetarian Pizza House Salad, Mixed Fruit</b></p>	<p><b>19</b></p> <p>B: Breakfast Quesadilla, Pine Chunks, Orange Wedges</p> <p>Lunch: <b>Oven Baked Chicken w/ gravy, Whipped Potato, House Salad Orange Wedges, WG Roll</b></p>
<p><b>22</b></p> <p>B: Pepperoni Pizza Stix, Orange Wedges, &amp; Apple Juice</p> <p>Lunch: <b>Popcorn Chicken and Rice Baked Beans, Rainbow Salad, Fruit Slushy</b></p>	<p><b>23</b></p> <p>B: Frankfurter, Steamed rice, Peaches, &amp; Grape Juice</p> <p>Lunch: <b>Philly Cheese Steak Sandwich House Salad, Fruit Juice</b></p>	<p><b>24</b></p> <p>B: Breakfast Smoothie, Cinnamon Toast, Apple Wedge &amp; Banana</p> <p>Lunch: <b>Golden Nuggets, Rice, Pickled Cabbage, Broccoli &amp; Carrots, Seasonal Fruit</b></p>	<p><b>25</b></p> <p>B: School made Coffee Cake, Pork Links, Mixed Fruit, &amp; Grape juice</p> <p>Lunch: <b>Breaded Chicken Nuggets Potato Wedges, WG Roll Rainbow Salad, Seasonal Fruit</b></p>	<p><b>26</b></p> <p>B: Turkey Ham &amp; Cheese on WG Bun Pine Chunks, &amp; Cranberries</p> <p>Lunch: <b>Roast Turkey w gravy, Rice, WG Roll, Coleslaw, Broccoli Florets/ Baby Carrots, Peaches</b></p>
<p><b>29</b></p> <p>B: Pizza Bagel, Mixed Fruit, Grape Juice</p> <p>Lunch: <b>Corn Dog w/ Fruit Juice, House Salad w/ Baby Carrots, Baked Beans</b></p>	<p><b>30</b></p> <p>B: Applesauce Muffin, Pine Chunks, Grape Juice</p> <p>Lunch: <b>Beef Broccoli and Rice House Salad w/ Baby Carrots, Mixed Fruit</b></p>	<p><b>31</b></p> <p>B: Egglette w/ WG Toast, Orange Juice, Papaya/ Pine Chunks</p> <p>Lunch: <b>Baja Fish Taco w/ Asian Slaw, Garlic Aioli, Pan Roasted Veg. Apple Wedge, Fruit Muffin</b></p>	<p><b>1</b></p> <p>B: WG French Toast, Seasonal Fruit, Apple Juice</p> <p>Lunch: <b>Tuna Dip and Chips Curly Fries, Lettuce &amp; Tomato, Seasonal Fruit</b></p>	<p><b>2</b></p> <p align="center"><b>WAIVER DAY</b></p>

Daily Alternate Breakfast Choices: Alt. #1 Cereal & Toast / Alt. #2 Yogurt and Toast

All meals include a choice of 1/2pt 1% or Chocolate Skim Milk.

Menu subject to

change without notice. "This Institution is an equal opportunity provider."